#### Chartwells Independent

# Menu – Week 3

## Monday

Soup of the Day Soup

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Peruvian Pollo (Chicken) a La Brasa

Smoky Pulled Aubergine Chilli

Lime & Coriander Rice

Jacket Potato with Baked Beans

Pasta with Tomato Sauce

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Seasonal Salads of the Day

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Home Made Chocolate Pear Crumble Served with chocolate Sauce

#### Tuesday

Soup of the Day Soup

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Lamb Shepherd's Pie

Vegetable Gyozas with Fried Savoy, Noodle & Sweet Chilli Dressing

Fresh Lyonnaise Potatoes

Honey Roast Parsnips SEC

Broccoli

Pasta of the day

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Seasonal Salads of the Day

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Home Made
Pancake with Berry Compote

#### Wednesday

Soup of the Day Soup

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Beef Pasticcio

Quorn & Vegetable Lasagne

Herby Garlic Bread

Green Bean and Sugar Snap

Jacket Potato with Backed Beans

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Seasonal Salads of the Day

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Home Made Vanilla Sponge Served with Custard

### Thursday

Soup of the Day Soup

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Chicken Biryani

Beef Keema

Vegetable Dahl

Pilau Rice

Jacket Potato

Pasta of the day

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Seasonal Salads of the Day

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Home Made
Steamed Ginger & Pineapple
Sponge Pudding
Served with Custard

### Friday

Soup of the Day Soup

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Margherita Pizza

Pizza with Ham

Salmon Fishcakes

Chips

**Baked Beans** 

Garden Peas

Jacket Potato

Seasonal Salads of the Day

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Home Made Bread and Butter Pudding

Salad Items: Tomatoes, Plain cucumber, Plain beetroot, Herb leaf salad sweetcorn, vinaigrette, fresh croutons, sunflower seeds & olive oil with lemon juice and black pepper

Dessert Option 2: Yoghurt, Jelly and Fresh Fruit will be served Every day

All our meals are freshly made