

Menu — Week 3

Monday

Soup of the Day Soup

Veggiemince Lasagne &
Garlic and Herb Bread

Vegetarian Caribbean Chickpea Coconut
Curry

Cornmeal Dumpling

Caribbean - Fancy Coleslaw

Rice and Peas

Tomato Pasta

Jacket Potato

Seasonal Salads of the Day

Home Made
Lemon & Coconut Cake

Tuesday

Soup of the Day Soup

Mac N Cheese with selection of
Toppers

Pulled BBQ Chicken

Crispy Onion Breadcrumbs

Crispy Cauliflower

Crispy Bacon Mac Topper

Coriander & Chilli Half Corn Cob

Jacket Potato

Deep South Cajun Rice

Seasonal Salads of the Day

Key Lime Pie

Chocolate Popcorn Slice

Wednesday

Thursday

Friday

Salad Items: Tomatoes, Plain cucumber, Plain beetroot, Herb leaf salad
sweetcorn, vinaigrette, fresh croutons, sunflower seeds & olive oil with lemon juice and black pepper

Dessert Option 2: Yoghurt, Jelly and Fresh Fruit will be served Every day

All our meals are freshly made